

# CARDINAL YOUTH WRESTLING

Kids that are waiting around after school for wrestling practice must sign up for and attend Cardinal Muscle. Sign-up sheets for Cardinal Muscle are sent electronically at the end of each month. Check your email and watch facebook for reminders.

DATE	GRADES	TIME
November 8, 9,10,11	2 <sup>nd</sup> grade - 6 <sup>th</sup>	3:30 to 5:00
November 15,17,22,23,28	Pre-K - 6th grade	5:30 to 6:45
December 1,6,8,14,15,20	PreK - 6 <sup>th</sup> grade	5:30 to 6:45

December	10	Home, Varsity, Dan Christensen Invitational	3:30 pm - 11pm
January	2	Home, Cardinal Youth Tournament, Weigh in	12:00 - 1:00pm
January	27	Home, Varsity Dual, I-35, MtSM, Saydel	5:30 pm

Practices after youth tournament: TBD

Information will be updated on our Facebook page: Central Decatur Wrestling

Cardinal Wrestling Apparel: <https://cdhswrestling21.itemorder.com/>

The store closes on November 1, 2021

Brian Carson - Kyle Ramaeker 446-4816, Wade Hamilton 445-6122 Please contact us with questions.

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PLEASE COMPLETE AND RETURN TO THE ELEMENTARY OFFICE

PARENT'S NAME \_\_\_\_\_ CELL# \_\_\_\_\_

STUDENT'S NAME \_\_\_\_\_ GRADE \_\_\_\_\_ WEIGHT \_\_\_\_\_

I give permission to my son/daughter to participate in Cardinal Youth Wrestling. I accept full responsibility for his or her conduct and behavior and understand that there is no insurance provided.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_