



# RETURN TO LEARN: 2022-23 SCHOOL YEAR

In the Central Decatur Community School District, the health and safety of our students, staff, and families remains our top priority. To that end, we are continuing to take steps to reduce the spread of COVID-19 in our schools. We are implementing the following protocols based on the latest guidance from the CDC:



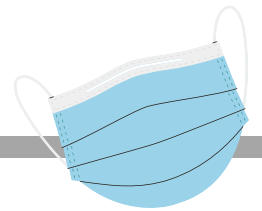
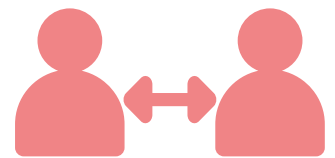
## STAY HOME IF YOU TEST POSITIVE

### PERSONS WHO TEST POSITIVE FOR COVID-19 (APPLIES TO BOTH STUDENTS & STAFF)

- Students and staff who test positive for COVID-19 must remain home for at least 5 full days (Day 0 is the first day of symptoms or the date of the day of the positive viral test for asymptomatic persons).
- Individuals may return to school on day 6 if they have been fever-free for at least 24 hours without the use of fever-reducing medication AND other symptoms of COVID-19 are improving.
- It is highly recommended that individuals wear a mask when around others at home and in public for an additional 5 days.
- For students who test positive while school is in session, families need to contact their school nurse.
- Staff who test positive must contact their supervisor.
- This guidance applies to both unvaccinated and vaccinated individuals.
- Reminder: All persons who are experiencing an illness should stay home while they are ill, even if they test negative for COVID-19 or receive an alternative diagnosis.

## ISOLATION

Isolation is used to separate people with confirmed or suspected COVID-19 from those without COVID-19. People who are in isolation should stay home until it's safe for them to be around others. At home, anyone sick or infected should separate from others, or wear a well-fitting mask when they need to be around others. People in isolation should stay in a specific "sick room" or area and use a separate bathroom, if available.



## WHAT TO DO FOR ISOLATION

- Monitor your symptoms. If you have an emergency warning sign (including trouble breathing), seek emergency medical care immediately.
- Stay in a separate room from other household members, if possible.
- Use a separate bathroom, if possible.
- Take steps to improve ventilation at home, if possible.
- Avoid contact with other members of the household and pets.
- Don't share personal household items, like cups, towels, and utensils.
- Wear a well-fitting mask when you need to be around other people.





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## DAILY PRACTICES IN OUR SCHOOLS

- Frequent hand washing and/or hand sanitizing.
- Cough/sneeze etiquette will be reviewed and reminders shared as needed.
- Routine cleaning of schools and disinfecting surfaces that are touched often.
- Both water bottle filling stations and drinking fountains will be available for use.
- HVAC air filters will be changed on a more frequent basis.
- Face masks are optional inside district buildings and while riding on a school bus/van.



## MONITORING & REPORTING ILLNESSES

- We ask parents and guardians to continue monitoring their children's health. If your child has a temperature of 100.4 or higher, we ask that you keep your child home, observe for symptoms such as sore throat, rash, vomiting, or diarrhea, and follow up with your healthcare provider.
- If your child does not have a temperature, but is feeling ill and the illness prevents your child from participating comfortably in academics/activities, please keep your child home until illness symptoms have passed.
- Please continue to be aware of the following COVID-19 symptoms:
  - High-risk symptoms include a new cough, shortness of breath, difficulty breathing, or a loss of taste or smell.
  - Other symptoms include fever and/or chills, sore throat, headache, body aches, fatigue, runny nose, congestion, nausea, vomiting, and diarrhea.
  - Students with COVID-19 symptoms should contact their healthcare provider for further evaluation.
- When calling in your child absent from school, please be sure to contact your school's attendance center to provide your student's name, grade, symptoms, temperature, and any other information we may need.
- Please contact your school nurse and report if your child is diagnosed with COVID-19.
- Please contact your school nurse or physician if you have questions regarding potential exposures outside of school.

