

# OCTOBER

# 2022

## Central Decatur Lunch Menu

"Menu Subject to Change"  
This institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Mini Corn Dogs Potato Wedges/Baked Beans/Carrots Jicama/ Peppers Mandarin Oranges Apple/8 oz. Milk	<b>4</b> Twisted Chicken Alfredo/Pasta/Lettuce Cucumbers/baby Carrots Pineapple/Blueberries /Peaches/Breadsticks 8 oz. Milk	<b>5</b> Ham/Turkey/Cheese/ Lettuce on a Hoagie Bun, Grape tomato/ Broccoli Strawberries/ Banana 8 oz. Milk	<b>6</b> Beef Totcho, Corn,lettuce, pico de gallo baby carrots,, Grapes/Pears Apple Churro 8 oz. Milk,	<b>7</b> No School Staff PD
<b>10</b> Cntry. Fried Pork Steak Mashed Potatoes/Gravy Ckd. Carrots/ Lettuce Salad/Cucumbers Mandarin oranges, apple slices/8 oz. milk	<b>11</b> Chicken Taco/Tortilla Cheese/Lettuce Salsa/Peppers Baby Carrots/ Applesauce/grapes/ Cookie 8 oz. Milk	<b>12</b> Mr. Rib/Bun Ranch Diced Potatoes Baked Beans/Fr. Broccoli/Baby Carrots Mixed fruit/ Fresh Pears/8 oz. Milk	<b>13</b> Pasta w/Meat Sauce Green Beans/ Lettuce salad/ cherry tomatoes Breadstick Pears/ Kiwi 8 oz. Milk	<b>14</b> Hamburger/Bun Cheese optional French Fries/Corn Tomato/Lettuce Baby Carrots/Peaches 8 oz. Milk
<b>17</b> Breaded Chicken Sandwich/Bun,Cole slaw Baked Beans Baby carrots, Broccoli Peaches/ Cantaloupe 8oz. Milk	<b>18</b> Salisbury steak, Mashed potatoes, Ckd. Carrots, Lettuce/Applesauce/ Watermelon whole fruit cup Hot Roll/8 oz. Milk	<b>19</b> Chicken Nuggets Swt. Potato Fries Baked Beans/Jicama Carrots/Pears/ orange wedge 8 oz. Milk	<b>20</b> Eggs/Sausage Link French Toast Sticks Red Pepper/Tri Tater Strawberries/Bananas 4 oz. 100% Juice 8 oz. Milk	<b>21</b> Pizza Cruncher Broccoli/Cauliflower Fr. Carrots/Hummus Mandarin Oranges/Kiwi 8 oz. Milk
<b>24</b> Chicken Popcorn Broccoli/Fr. Carrots/ Hummus/ Cucumbers Mandarin oranges/8 oz. Milk	<b>25</b> Tex Mex Pork Bowl Rice, Corn chips,Pico de gallo, Red/Green Peppers Lettuce Mixed Fruit/Watermelon 8 oz. milk	<b>26</b> <i>Iowa local food day</i> "Local" Pork burgers/ Bun//baked beans/Cole slaw/Local roasted sweet potatoes Local apples/8 oz. Milk	<b>27</b> Lasagna Green Beans Lettuce salad grape tomato Bread stick Applesauce/Grapes 8 oz. Milk	<b>28</b> Hamburger/Bun Cheese optional French Fries/Corn Tomato/Lettuce Baby Carrots/Peaches 8 oz. Milk
<b>31</b> Beef Totcho, Corn,lettuce, pico de gallo baby carrots, Grapes/Pears Apple Churro 8 oz. Milk,				

## School News

As per the USDA all schools must have a Meal Charge Policy in effect. The following is a portion of the new policy:

Students have use of a meal account. When the balance reaches \$0.00, a student may charge ***no more than \$15.00*** to this account. When an account reaches this limit, ***a student will not be allowed to charge a la carte items until the negative account balance is paid.***

The rest of the policy can be viewed in the student handbooks for each building and on the district website:

[www.centraldecatur.org](http://www.centraldecatur.org),  
under the school nutrition tab, monthly menus can also be found there.