

May Nursing News

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Health Requirements 2024-2025

Kindergarten

Immunization Record

Blood Lead Screening

Vision screen

Dental Screen

(If you have a pre-K student going on to kindergarten next year they will receive a packet of health requirement. If you have a kindergarten student not currently enrolled at CD please stop in for a health requirement packet.)

Third Grade

Vision Screen

Seventh Grade

Students entering 7th

grade are required to

have one dose of the

following vaccines:

- Tdap – Tetanus, Diphtheria, Pertussis
- Meningococcal Conjugate

(There is no provisional period to implement this requirement. Students without a valid immunization certificate are required to be excluded from attending school.)

CDS: Supporting Student Health Needs

Central Decatur partners yearly with Iowa KidSight to identify students with visual deficits. Iowa KidSight is a vision-screening program where Lions Club volunteers throughout Iowa organize and conduct vision-screening sessions in local communities. The results are interpreted by trained staff at the University of Iowa Department of Ophthalmology and Visual Sciences, and returned to families. This voluntary program is open to any child 6-months of age through kindergarten. Parents of students currently enrolled in pre-K at CD will receive a permission slip in the kindergarten packet. If you wish for your child to participate in this program please fill out the permission slip and return to the school nurse. The Iowa KidSight screening meets the state vision screen requirement implemented by schools in Iowa. Central Decatur also partner with I-Smile@School. A program that provides preventive dental care to elementary students in Iowa schools. I-Smile provides dental screenings, dental sealants, fluoride varnish, and oral health education for elementary school students. Parents of students currently enrolled in pre-K at CD will receive a permission slip in their kindergarten packet. If you wish for your child to participate in this program please fill out the permission slip and return to the school nurse. I-Smile screenings meet the state dental screening requirement for schools in Iowa

Last Day of School Medication Pick Up

The last day of school is May 24th. Please remember to collect any medications your student has stored in the Health Office with the school nurse. If your student will be attending summer school and you wish for their scheduled and emergency medication to stay at school, please contact the school nurse to make arrangements. Any medications left unclaimed will be disposed of on June 5th.

Stay Safe in the Sun!

Summer is just around the corner. I want to remind you all to stay safe in the sunshine. While the sun can be fun, it can also be harmful. Here are some tips to keep you & your children safe while soaking up those rays:

1. **Wear Sunscreen:** Apply sunscreen with SPF 30 or higher before heading outside. Reapply every two hours.
2. **Cover Up:** Wear a hat, sunglasses, and clothing that covers your skin.
3. **Seek Shade:** Try to stay in the shade, especially during peak sun hours between 10 a.m. and 4 p.m..
4. **Stay Hydrated:** Drink plenty of water.
5. **Know the Signs of Sunburn:** If your skin starts to turn red or feel hot, you might be getting sunburned.

It's important to protect your skin now to avoid sun related skin problems later on. Stay safe and enjoy the sunshine!

Iowa Schools Immunization Requirements

In Iowa, all students must show proof of immunizations to enroll in school, unless they have a valid exemption for medical or religious reasons. This proof can be a certificate from the Iowa Department of Public Health or a provisional certificate. If a student doesn't have proper proof or exemption, they can't enroll.

If a student has at least one dose of the required vaccines or is transferring from another U.S. school, they can be provisionally enrolled. During this time, they must get the necessary vaccines within 60 days. It's the responsibility of the student's parent or guardian to make sure they get the vaccines and submit the certificate to the school.

If a student doesn't submit a certificate after the provisional period, they'll be excluded from school activities until they do. Schools keep track of immunization records, and local health departments check them annually.

Summer Vibes!