

DECEMBER NURSE NEWSLETTER

2024

Headlice

As we enter the winter months, we want to remind families to take extra precautions to help prevent the spread of head lice. Colder weather often means more shared hats, scarves, and other items that can spread lice.

To help protect against lice:

- Remind children to avoid sharing hats, hair accessories, and other personal items.
- Check your child's hair regularly.
- Encourage children to store hats and scarves in their own bags or lockers.

Thank you for helping us keep our school healthy and lice-free this winter!

Seasons Greetings

As we enter this special time of year, let's remember that the true joy of the season is spending time together. Whether gathering with family, friends, or our school community, it's a wonderful chance to celebrate connection, kindness, and gratitude.

Wishing everyone a season filled with warmth, joy, and togetherness!

Exciting News

In honor of National Hand Hygiene Awareness Week, we're holding a Coloring Contest for preschool through third grade! Print the coloring page attached to this newsletter, have your child color it, and return it to Nurse Heather by December 9th.

There will be one winner per grade, announced on December 9th. Let's get creative and promote healthy handwashing!



Upcoming Events

- **National Hand Hygiene Awareness week Dec. 2nd-5th**
- **Hand Hygiene Education will be provided to North and South Elementary in observance of National Hand Hygiene week.**
- **Coloring Contest**
- **Winter Break: Dec. 23rd thru Jan. 1st**

This kid washed their hands

Why is it so important to always wash your hands?

This kid did not...

MS. NORA MAKES

