

Strawberries are the only fruit that has seeds on the outside

School Information: Free/Reduced applications can be completed [here](#). Contact Becca at becca.crouch@centraldecatur.org for questions.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

8 ounces of fluid milk is offered daily

NO SCHOOL **3**

Pancakes **4**
Cereal
4 oz. 100% juice
Milk

Chicken and Biscuit **5**
Cereal
4 oz. 100% juice
Milk

UBR Bar and Yogurt **6**
Cereal
4 oz. 100% juice
Milk

Quesadilla **7**
Cereal
4 oz. 100% juice
Milk

NO SCHOOL **10**

Omelet and Toast **11**
Cereal
4 oz. 100% juice
Milk

Biscuits and Gravy **12**
Cereal
4 oz. 100% juice
Milk

Cini Mini **13**
Cereal
4 oz. 100% juice
Milk

Long John Donut **14**
Cereal
4 oz. 100% juice
Milk

NO SCHOOL **17**

Pancakes **18**
Cereal
4 oz. 100% juice
Milk

Sausage Roll Up **19**
Cereal
4 oz. 100% juice
Milk

Sausage Egg and Chees **20**
Biscuit
Cereal
4 oz. 100% juice
Milk

Muffin **21**
Cereal
4 oz. 100% juice
Milk

NO SCHOOL **24**

Chicken and Biscuit **25**
Cereal
4 oz. 100% juice
Milk

Cinnamon Roll **26**
Cereal
4 oz. 100% juice
Milk

Scrambled Eggs **27**
Sausage Toast
Cereal
4 oz. 100% juice
Milk

Donut **28**
Cereal
4 oz. 100% juice
Milk



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NO SCHOOL **3**

Popcorn Chicken **4**
Cookies
Peas
Applesauce

Tex Mex **5**
WG Chips
Pico
Orange Peppers
Fresh Fruit

Country Fried Steak **6**
Mashed Potatoes /Gravy
Green Beans
Fresh Fruit
WG Cookie

Mr. Rib **7**
Whole Grain Bun
Ranch Diced Potatoes
Carrots
Fresh Fruit

NO SCHOOL **10**

Breaded Chicken **11**
Whole Grain Bun
Cooked Carrots
Peaches

Chili with Crackers **12**
Cinnamon Roll
Orange Peppers
Fresh Fruit

Hot Dog **13**
WG Bun
Tator Tots
Peaches

Pizza Crunchers **14**
Hummus
Romaine Lettuce
Fresh Fruit
Pears

NO SCHOOL **17**

Hay Stack **18**
Mashed Potatoes
Broccoli
Cookie
Applesauce

Lasagna **19**
Bread Stick
Green Beans
Fresh Fruit

Chicken Nuggets **20**
Mixed Veggies
WG Cookie
Fresh Fruit

Tenderloin **21**
WG Bun
Baked Beans
Mixed Fruit

NO SCHOOL **24**

Chicken Taco **25**
Churro
Corn/Lettuce/Pico
Romaine Lettuce
Fresh Fruit

Hamburger **26**
Whole Grain Bun
Sweet Potato Fries
Corn
Peaches

Cream of Chicken **27**
Mashed Potatoes
Biscuit
Peas
Fresh Fruit

Pizza **28**
Hummus
Green Beans
Pears

