

# Register your family for the 16th Annual Grand Blue Mile!



## ALL OF THIS INCLUDED IN YOUR REGISTRATION!

- Official race shirt & bib
- Inflatables for kids
- Face painting & balloon art
- Finisher medal for all youth
- Free finish line photos
- See nation's best at USATF 1 Mile Road Championships
- Cheer on beloved mascots at Mascot Madness

# GRAND BLUE MILE

PRESENTED BY **Wellmark** 

**REGISTER NOW!**



**\$20 - ADULT**

**\$15 - YOUTH**

**\$10 - SPIKE'S SPRINT**

**TUESDAY, APRIL 22  
DOWNTOWN DES MOINES**