



Central Decatur CSD

Local School Wellness Policy Progress Report

School Name: Central Decatur CSD

Wellness Policy Contact: Chris Coffelt

Date Completed: Fall Semester 2025

Nutrition Education and Promotion Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goals and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Schools will provide nutrition education and engage in nutrition promotion that helps students develop lifelong healthy eating behaviors and lifestyles	Amy Whittington and Dan Johnson		x		Complete an audit of when, how and what nutrition education is completed at each grade level.	Schools will provide professional development for staff that promotes the teaching of health, physical activity and wellness into classroom instruction and core content areas such as science and literacy, as well as electives and specials

Physical Activity Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goals and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Schools will provide students with age and grade appropriate opportunities to engage in physical activity that meet the healthy kids act.	Colby Wilken and Steve Schmidt		x		Schools have provided staff education regarding the benefits of incorporating physical activity into the classroom and throughout the school day.	Engage in staff discussions reviewing how behavior consequences impact recess and physical activity and student choices.

Other School Based Activities Goals

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1. As appropriate, schools will support students, staff and parents efforts to maintain a healthy lifestyle.	Heather Boswell and Justine Buckingham		x		Provide and engage in activities that support a healthy lifestyle, such as providing fresh, fruit and vegetable snack options, promoting the Walking School Bus and offering Employee and Student Assistance Programs (EAP/SAP).	Work with school staff to identify other ways that healthy lifestyle choices and physical activity can be incorporated into the school day beyond physical education class.

Standards and Nutrition Guidelines for All Foods and Beverages *Sold* to Students During the School Day (e.g. vending, school stores, etc.)

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1. Students and staff at the high school are provided with a la carte items. Elementary students are provided fresh fruits and vegetables daily.	Mary Brophy	x			All a la carte meet the smart snack guidelines.	We will continue to look for more options that meet the guidelines and appeal to students and staff.

Standards for All Foods and Beverages *Provided* (not sold) to Students During the School Day (e.g. class

parties, foods given as reward, etc.

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1. Parents will be provided with a list of foods that meet the Smart Snack Standards.	Mary Brophy & Nicole Martz	X			Link is provided on the school website under nutrition. Middle/High School students are not allowed to eat foods during the day outside of lunch.	List of smart snacks provided will be provided at registration.

Polices for Food and Beverage Marketing

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goals and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. School will only allow marketing and advertising of foods and beverages that meet the Smart Snacks in school nutrition standards on campus during the school day.	Mary Brophy & Nicole Martz	X			A list of healthy food and beverage choices that are preferred snacks for students are located on the district website.	

Central Decatur CSD is an equal opportunity provider.